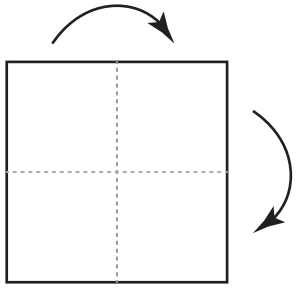
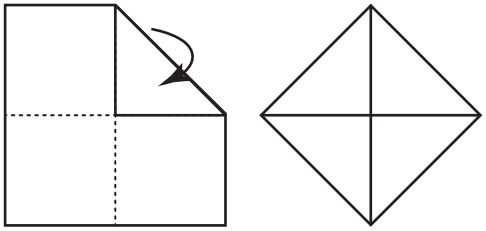
cocotte / salière

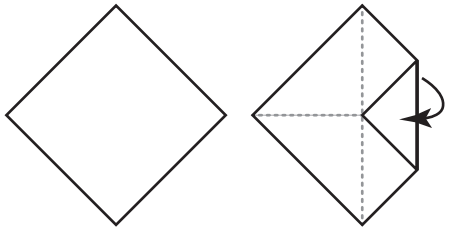
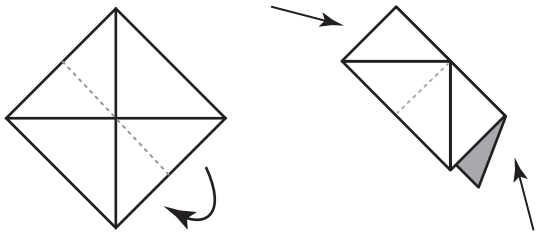
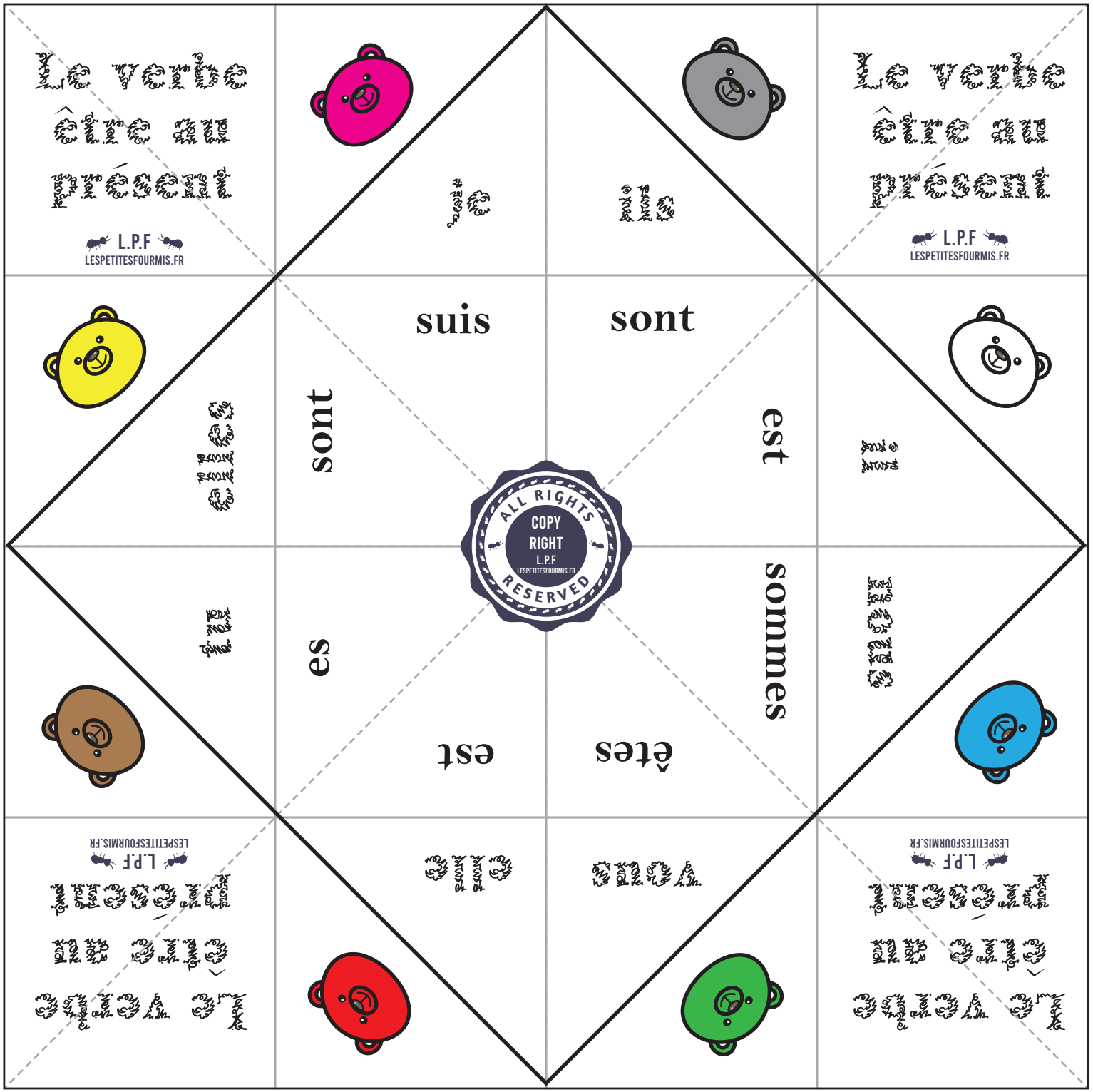
Plier la feuille en quatre :



Rabattre les quatres coins vers le centre :



Retourner la feuille et répéter l'opération.



Plier en deux. pincer avec les doigts les coins et pousser vers le centre: